

Nutrition Education Kits

Level up your farmers markets, tastings, assemblies, and more

Our done-for-you Nutrition Education Kits make farmers markets and produce tastings easier for your staff and more fun and educational for your students! They're designed to inspire students to taste fruits and vegetables, record their observations, and take pride in their efforts. Each kit comes preassembled and ready to hand out at your next event.

What's Included



Canvas Tote: A reusable canvas bag that holds the other items in the kit. Its fun design encourages students to eat the right amount of fresh fruits and vegetables daily. Since it's reusable, it will support healthy habits for years to come.

Folder: A paper folder covered in simple, kid-friendly line art of fresh fruits and veggies. Students can color in each produce item as they try it during the tasting, or as an educational activity afterward.



Scoring Sheet: A simple worksheet that encourages students to use their senses as they taste with fill-in-the-blank questions that prompt reflection. It's designed to make each tasting more interactive and engaging.

Student Flyer: A one-page informational handout focused on science-backed healthy habits, the health benefits of eating fruits and vegetables, and the perks of eating locally and seasonally.



What's Included (cont.)



Pencil: A wooden pencil with a produce-themed design and a brief, encouraging message that supports the other educational materials and the tasting experience. It will help students complete the scoring sheet and other activities quickly and easily.

Bookmark: A printed paper bookmark that celebrates seasonal, local produce with wellness messaging based on USDA healthy eating guidelines. It reinforces the messages in the rest of the kit and helps keep them top of mind for students long after the tasting is over.



Sticker: A bright, fun, produce-themed adhesive label that acts as a reward, encouraging students to complete the tasting activity and celebrate trying something new. Each kit will include one sticker in one of the four designs shown.



Paper Bag (tote alternative)

Customize Your Kit

Purchase our kits or build your own kit by ordering your favorite items in bulk!

Items	Price
Full Kit (<i>all items listed above</i>)	\$16.50/student
Canvas Tote	\$6.50/student
Paper Bag (<i>tote alternative</i>)	\$1.50/student
Folder	\$2.00/student
Scoring Sheet	\$1.00/student
Student Flyer	\$1.25/student
Pencil	\$1.50/student
Bookmark	\$1.00/student
Sticker	\$0.75/student

Minimum order requirement of 20 full kits or 25 of any other item. Must order full kits in multiples of five.

A Delicious Addition: Fresh Produce

For a totally done-for-you experience, pair these kits with a delivery of fresh fruit and/or veggies! We offer single-variety bulk cases of seasonal produce, including local, farm-direct, heirloom, and unique options.

Prices vary by item. Ask us what's available and local to your schools.



Kit Order Deadlines & Delivery Details

Fall 2026: Place your order by **October 2** for delivery in early November.

Spring 2027: Place your order by **February 5** for delivery in early April.

Order Today to Make Your Tastings Easier!

(650) 243-5722 | schools@fruitguys.com

